

WEEK 7

Sacred Sexuality: Pleasure as a source of creation.





Sacred Sexuality

For our final lesson, we will learn how to use pleasure as a source of creation, feminine empowerment, and how to use sexual energy as a source of absolute love (Cosmic Orgasms).


I will guide you through:

- Awakening the Kundalini energy (the coiled serpent)
- Returning to the source of creation
- Connecting to infinite pleasure (source of power)
- Manifesting through orgasms

• ARCHETYPE •

 Lilith

• MEDITATION •


 Returning to my sacred temple & awakening the coiled serpent

• TOOLS •

 Meditation

 Energy work

• EXERCISE •

 Awakening the coiled serpent



WHAT IS SEXUAL ENERGY?

Source of creation = Life force = Chi = Pure energy.

Sexual energy in magical rituals was used by witches, priestesses or self-empowered women as acts of expression to connect with the divine energy source or God.

HOW TO ACHIEVE MYSTICAL AND MANIFESTATION EXPERIENCES THROUGH SEXUAL ENERGY? COSMIC ORGASMS

When we are not using this energy to give life we are using it to create what we desire in our reality.

First let's talk about the Kundalini energy that is alive in the first chakra.



THE AWAKENING OF KUNDALINI

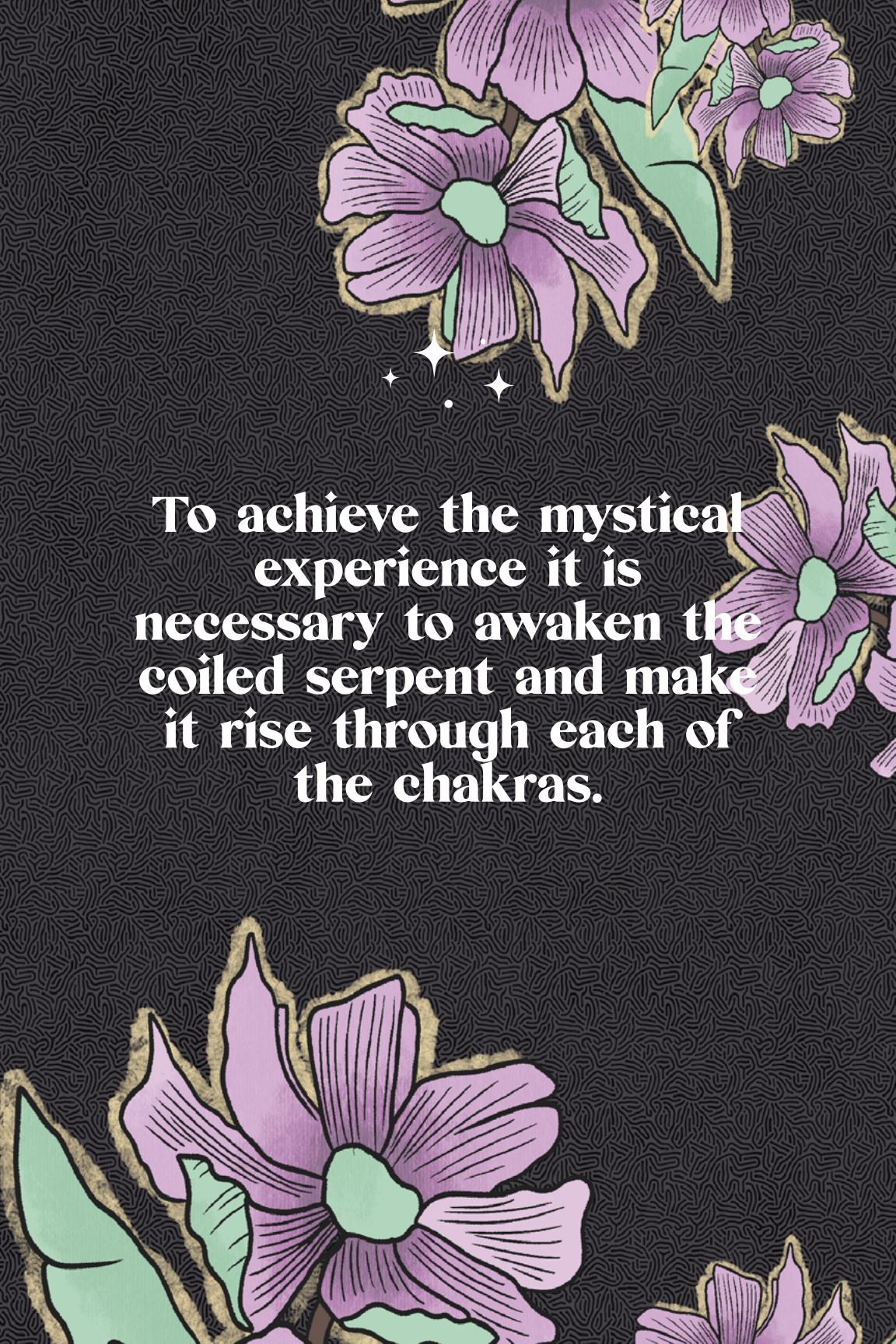
- Elevation of our consciousness
- Spiritual evolution
- Mystical experience
- Ecstatic experience
- Awakening of inner knowledge
- Awakening of mystical powers
- Strengthening the energy field allows us to create miracles



THE PURPOSE OF KUNDALINI AWAKENING

Strengthen the energy field that allows us to create miracles and have unlimited access to the source of creation God.





**To achieve the mystical
experience it is
necessary to awaken the
coiled serpent and make
it rise through each of
the chakras.**

BUT FIRST LET'S TALK ABOUT YOUR RELATIONSHIP WITH SEXUAL ENERGY?



Thoughts associated with my sexual energy:

1. What gives me pleasure?
2. What am I thinking about when I am self pleasuring?
3. What feelings arise regarding this subject?
4. How do I use my sexual energy?

TO MANIFEST AND CREATE MIRACLES THROUGH SEXUAL ENERGY ONE MUST FIRST CLEANSE THE ENERGY FIELD

1. Think of all the things that give you pleasure, but you might feel guilty about them.
2. Open the first chakra and allow all the energy to come out.
3. Close the chakra with light.





Exercise 1

Awakening the coiled serpent:
Clearing my energy system

1

Visualize something you want to manifest in your life.

2

Think of a dream you would like to return to.

3

Visualize the coiled serpent in your first chakra.

4

As you go through each of the chakras with your intention and with the clock exercise, open the chakra, let energy out and close it.

5

Do this until you reach the crown chakra.

6

Allow any piece of information to come out.





Exercise 1

Awakening the coiled serpent:
Clearing my energy system

1

Repeat the same exercise as above but this time simply visualize each chakra lighting up by color.

2

Write down the elements that represent the 7 colors of each chakra, this will help you to visualize.

1st Chakra: _____

2nd Chakra: _____

3rd Chakra: _____

4th Chakra: _____

5th Chakra: _____

6th Chakra: _____

7th Chakra: _____

When you reach the crown of your head, visualize the chakras again from top to bottom and connect with the earth.



Meditation 1

Archetype: Lilith

